We need to talk about parking

6 November 2019, The Watershed, Bristol

- 6.45pm Doors open and light refreshments
- 7.00pm Welcome introductions
- 7.05pm **Parking and public health**: Active travel, air quality, accessibility
- 7.20pm Where to park: Car park or the road?
- 7.35pm **Parklets**: Transform your street with a parklet.
- 7.50pm **Parking strategy**: What should be included in Bristol's future parking strategy?
- 8.10pm **Q&A session**
- 8.30pm Informal mingling and light refreshments
- 9.00pm Close

Welcome and introductions

Dr Suzanne Audrey

Senior Research Fellow, University of Bristol

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Bristol Health Partners

Collaboration between

- 2 universities
- 1 local authority
- 3 NHS trusts
- 3 clinical commissioning groups In Bristol and the surrounding area

Health integration teams (HITS)

 Bringing together local expertise, assets and talent to help tackle the challenges we face









Avon and Wiltshire Mental Health Partnership NHS Trust
Bristol Clinical Commissioning Group
North Bristol NHS Trust
North Somerset Clinical Commissioning Group
South Gloucestershire Clinical Commissioning Group
University Hospitals Bristol NHS Foundation Trust

SHINE Bristol Health Partners

Supporting Healthy Inclusive Neighbourhood Environments





Bristol Walking Alliance

campaigning to improve Bristol's walking environment



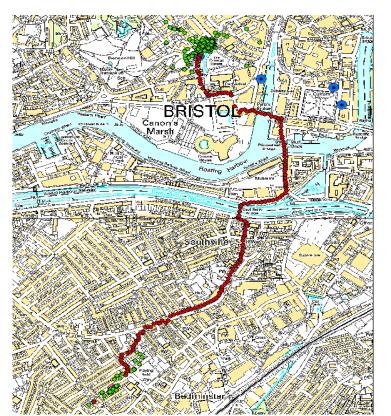
A consortium of organisations and individuals campaigning to improve Bristol's walking environment. We want to create an environment for pedestrians that is welcoming, safe, convenient and inclusive.

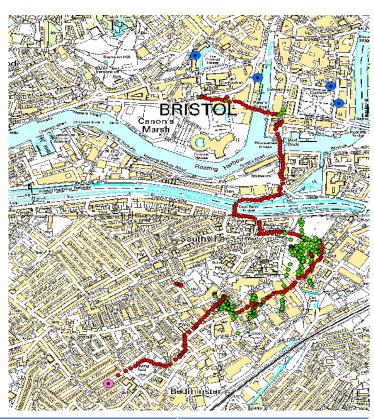
Parking and public health

Suzanne Audrey

Active travel, air quality, accessibility

Active travel: Walking to and from work





To work	Measure	From work
21.9	Length of journey (minutes)	28.6
19.8	Moderate physical activity (minutes) (red dots)	21.0

When parking undermines active travel

Providing information and encouragement was not enough to change travel behaviour

Lack of free workplace parking (p<0.01) was independently related to walking to work and using public transport

Employer: "We offer free car parking for staff ... you do need a parking permit to park in the car parks but they are issued free to staff and I know you're saying "Well that's good isn't it" and I would suggest that actually, from a public health perspective, not necessarily because I think it's almost too easy ... to me the thing that hinders active travel probably is the free parking."

Park and stride?

Participant: The only thing that could seriously affect it [park and stride] is if I reached the holy grail and get a parking space in the basement car park 'cos obviously [laughs] if I get a parking space then I won't have the option of walking to work.

Interviewer: So is it the cost saved for the bus, parking at the park and ride and then walking in, that would be a factor?

Participant: Well yeah, it's not only financial but obviously the ease I can come straight in to work and literally jump in the lift and I'm at work so it's a big time saving as well, I mean with the best will in the world I spend at least half an hour getting to and from work where if I could park in work I could drive straight in and drive straight out again.

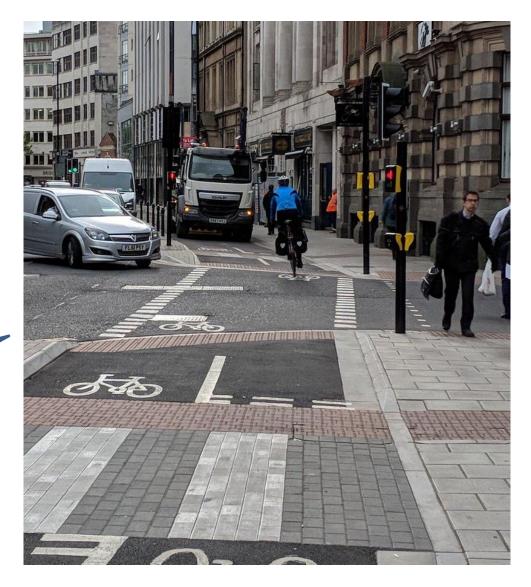


When parking undermines active travel



https://www.bristolpost.co.uk/news/bristol-news/nine-cars-pictured-parking-bristol-1471259

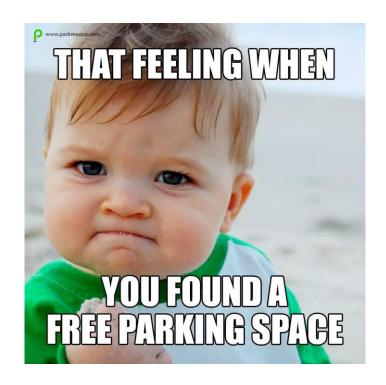
Jon Usher@jonusher 8.20am this morning, another day, another skip in the Baldwin Street cycle track. Please can you deal with this @BristolCouncil



Parking and air quality

As much as 50% of traffic congestion can be caused by drivers cruising around in search of a cheaper parking space.

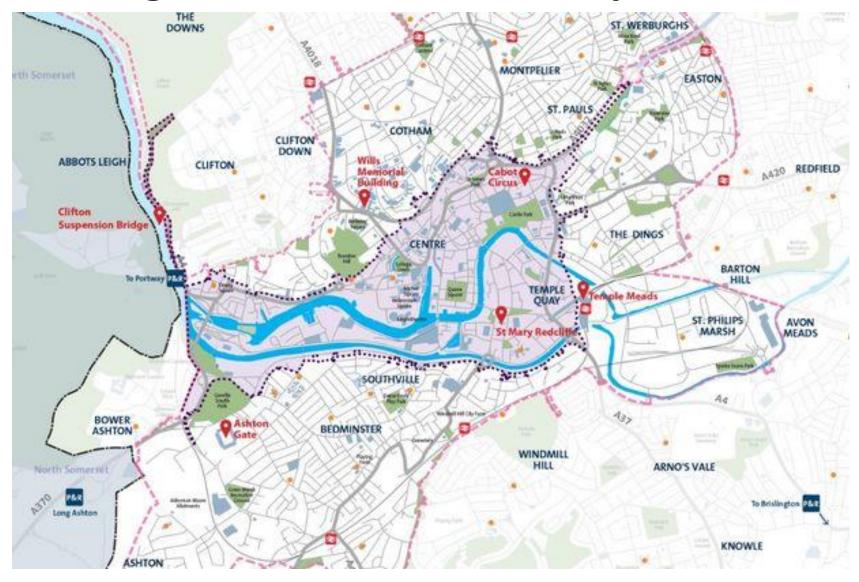
Defra. Evidence review on effectiveness of transport measures in reducing nitrogen dioxide, May 2016.



Parking management can:

- reduce or remove the source of air pollution
- be politically unpopular if not handled sensitively with considerable consultation and engagement
- be used to encourage less polluting vehicles through priority parking or reduced parking costs for low emission vehicles

Parking and Bristol's clean air plan?



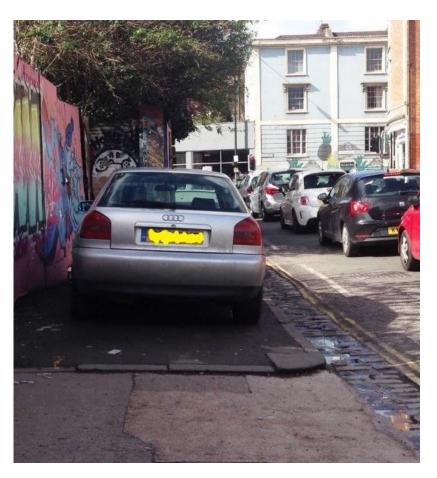
Pavement parking





http://bristolcars.blogspot.com/search/label/paveparking

House of Commons Transport Committee Pavement Parking, 5 Sept 2019



We heard how pavement parking can make some people so afraid that they do not leave their home and how this can increase the risk of social isolation.

"My disabled sister is now housebound in the area we were born and bred in because of selfish parking."

"It became impossible for me to take my elderly mother for a walk around the block, physically supported, because there wasn't enough room left for two people to walk side-by-side."

http://bristoldef.org.uk/pavement-parking-inquiry-launched-by-transport-committee/

When parking contributes to loneliness

When drivers park over dropped kerbs people who use mobility aids are unable to go out, have to complete their journeys in a different and sometimes longer way, put themselves in danger in the path of vehicles or have to abandon their journey and return home.

The evidence we received clearly shows that in some areas pavement parking is causing loneliness.



Substantial evidence that being socially connected significantly reduces risk of premature death.

Holt-Lunstad J *The Potential Public Health Relevance of Social Isolation and Loneliness: Prevalence, Epidemiology, and Risk Factors,* Public Policy & Aging Report 2017;27:127–130

House of Commons Transport Committee Pavement Parking 5 Sept 2019

Recommendations:

- Government tackles pavement parking as part of its Loneliness Strategy
- Department for Transport plan, fund and deploy a national awareness campaign
- Government bring forward proposals to reform the TRO process
- Government ensures local authorities and police forces have access to the correct information about who enforces which offences and their responsibilities
- Government consult on a new offence of obstructive pavement parking with relevant legislation by summer 2020
- In the long term, Government legislate for a nationwide ban on pavement parking across England

Some issues for Bristol's parking strategy

Workplace parking

Parking and active travel: 'Park & stride' and 'park & ride' (buses/bicycles)

Parking in cycle lanes

Parking policy and clean air

Pavement parking: Traffic Regulation Orders (TROs) and new legislation

City-wide considerate parking campaign

Car Park or the Road



Problems with parking?

Jim Daniels

Where to park?



The motivators

Behaviour and management potential

Who manages car-parks?

Who manages the public highway, and how?

The political and legal framework (briefly)



London is different!
What I haven't covered

Bristol Health Partners

Transform your street with a parklet

Zoe Trinder-Widdess

@zoetw









So, what's a parklet?

Bristol Health Partners

"A little garden instead of a parking space"



What's the point of parklets?

- Reclaim the streets for people
- Create community space, enhance community cohesion, reduce isolation
- Think differently about space in neighbourhoods
- Rest space for older people
- Play space for children
- Traffic calming
- Create green space



Belton Road: A Bristol case study



Why did residents want 'street pockets'?

- Traffic calming a straight road used for rat running
- Encourage on road rather than pavement parking
- Much needed green space
- Create a community resource



How did it happen?

- Bristol Green Capital funding available from Sustrans
- Community consultation via events and social media
- Monitoring parking provision
- Trial with removable planters
- Liaison with the Council highways team
- Documentation method statement, risk assessment, evidence of support



They are still there!



A bad example...



How can we get one?

- Do your research and talk to your neighbours
- Get permission
- Be persistent!
- Work out the logistics
- Tell people it's happening
- Keep it going

www.livingstreets.org.uk/parklets



What about funding?

Bristol Health Partners

Talk to...

- Sustrans
- Local organisations like Up Our Street
- Councillors

And try...

- Local businesses
- Crowdfunding



Or don't get permission

Bristol Health Partners



Part 2 - Our students spent a couple hours today
PARKing up car park spaces - we had two flowerpot
painting stations, a rave, games station, and mini
racecar track plus a bit of camping with marshmallows
#PARKing #urbantransformation #planning
@CUGeogPlan



2:51 PM · Oct 16, 2019 · Twitter for iPhone

If all else fails, go guerrilla!

- Reclaim a parking space for a few hours
- Roll out some fake grass or a picnic mat
- Put out chairs and some plants
- Give people some activities or have a chat
- Make people think differently!



Thank you

Bristol Health Partners

Any questions?

Zoe Trinder-Widdess

Twitter: @zoetw

Zoe.trinder-widdess@bristol.ac.uk

A Parking Strategy for Bristol

Samuel Green Senior Transport Planner, Bristol City Council

Jacob Pryor
Principal Transport Planner, Bristol City Council

Bristol Parking Strategy

Introduction to the future strategy

November 2019



Pledge made in the Bristol Transport Strategy





Outcome #2 | On and off street parking managed efficiently to encourage use of sustainable transport and tackle congestion, while providing options that support the city's 24 hour economy.







You said in consultation...

There is strong recognition amongst our citizens that parking needs to be better managed in the city and there is support for the existing Resident Parking Schemes.

Deliver & Enable the production of a new Parking Strategy, (to be completed in the near future and appended to this document), which will need to include extensive research on how parking spaces are used in the city and then look at:

- Off-street and on-street parking, including the role of privately operated car parks
- Parking standards for new development (included in Local Plan)
-) Parking at transport interchanges, e.g. rail stations
- Park & Ride sites, and the potential to remove city centre parking as more Park & Ride sites are built
- Residents Parking Zones
- Charges and income
- Enforcement, including pavement parking
-) Parking information systems

You said in consultation...

Many citizens have suggested that more multi-modal hubs are created around the city to allow people to park on the outskirts and travel into the city centre by other modes, allowing city centre car parks to be re-purposed to accommodate facilities for other modes.

- Disabled parking
- Cycle parking
- Car club and electric vehicle parking
- Bus stands, loading, taxi ranks, coach parking, motorcycle parking
- Maximising the use of kerbside space
- Consistent approaches across the West of England to avoid impact on competing commercial and business centres.

Explore workplace parking levies as a means to influence the supply and use of parking for commuters. A robust business case must be made before progressing the implementation of any scheme. A case study for this is included in the Funding section.





Your input...

What are your general issues with parking in Bristol?

Do you have any suggested solutions?



Comments and questions for the panel

Alan Morris, Chair of Bristol Walking Alliance



Bristol Walking Alliance

campaigning to improve Bristol's walking environment

What's next for BWA?

Work with Bristol City Council on:

- Parking Strategy
- Walking Strategy

Promote to Bristol City Council:

- Liveable Neighbourhoods
- A ban on pavement parking

https://bristolwalkingalliance.org.uk/